





## HOT SPECIALS...

**Chinese Veggie Noodles** ✓

Egg noodles with stir fried vegetables

**Vegetable Supreme Pizza with Dough Balls** ✓

Cheesy tomato topped pizza slice topped with sweetcorn &amp; peppers

**Sausage and Mash with Gravy**

Traditional pork sausage and mash with gravy

**Quorn Bolognese** ✓

Fusilli pasta in a tomato and Quorn sauce

**Roast Chicken with Roast Potatoes and Gravy**

Roast chicken with roasties and tasty gravy

**Country Vegetable Pie with Roast Potatoes & Gravy** ✓

Creamy vegetable pie with a shortcrust topper

**Pasta Bolognese**

A classic Italian beef bolognese in a tomato and beef sauce

**Mild Chickpea & Potato Curry with a Rice Side** ✓

A tasty chickpea and potato masala

**Golden Fish Fingers and Chips**

Crispy fish fingers and chips

**Beany Burger and Chips** ✓

A delicious homemade beany burger

## DAILY FAVES...

- ..... Jacket Potato ✓
- ..... with a choice of fillings
- ..... Tomato Pasta ✓
- ..... Fresh, homemade tomato and basil sauce with penne pasta

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16/11/07/12 11/01/01/02  
01/03 22/03

## PICK A PUDD!

Raspberry  
Yoghurt Cakeor  
Fruit & Yoghurt

## SIDES....

Sweetcorn  
and  
Fresh BroccoliFruit &  
YoghurtGarden Peas  
and  
Fresh CarrotsFlapjack with  
Fresh Cut Fruit  
Slicesor  
Fruit & YoghurtFresh Carrots  
and  
Fresh CabbageChocolate  
Brownieor  
Fruit & YoghurtSweetcorn  
and  
Fresh Broccoli  
& Cauliflower  
MedleyOrange  
Shortbread  
with  
Fruit Slicesor  
Fruit & YoghurtBaked Beans  
and  
Garden Peas

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Food Super Heroes Menu**

£2.10

YOUR  
FAVOURITES  
available  
every dayOUR  
NEW MENU!chosen by our  
parents and  
children

THREE WEEK MENU

AUTUMN/WINTER 2020



Special dietary requirements can be catered for.

East Sussex  
County Council

Chartwells

Chartwells, 1st Floor Offices, 46 High Street, Heathfield, East Sussex,  
TN21 8HS. Tel: 01435 865310Special diets are catered for, email specialdiets@compass-group.co.uk  
for more information.

East Sussex County Council.

Email: school.catering@eastsussex.gov.uk